

Behaviour & Anti Bullying Policy



September 2026

To be reviewed annually or as required

Core Purpose Statement

- **It is the right of every child** at Southwold, Orchard and Hoxton Garden Primary Schools to feel safe and secure at school and have every opportunity to enjoy learning without distraction from others.
- **It is the right of every teacher and adult** at Southwold, Orchard and Hoxton Garden Primary Schools to be able to teach without obstruction and to work in a mutually respectful and professional environment.
- **It is the right of every parent** to know that their child is safe, treated fairly and will be supported to develop the skills to enable them to engage positively in our communities.

At Southwold, Orchard and Hoxton Garden Primary Schools we...

- Teach responsible behaviour to our children using a range of strategies.
- Raise children's self esteem and awareness of wider community and societal expectations of good manners and personal conduct.
- Be explicit about what adults and children in the school can expect from each other.
- Integrate behaviour management into all areas of school life through a structured and consistently applied hierarchy of praise and sanction.
- Ensure that our school communities can work free from intimidation and bullying by acting robustly when issues arise.

Aims of Southwold, Orchard and Hoxton Garden Primary Schools

- To provide the highest standards of education through effective teaching and learning for all pupils with a broad, balanced and personalised curriculum.
- To provide equal opportunity for everyone at our school regardless of race, class, gender, sexuality, special educational need, religion, culture or ability.
- To encourage and develop independent thinking, life long learning, self-esteem and confidence, alongside respect and support for others.
- To develop the role and understanding of staff and children of self-responsibility as well as the confidence to recognise behaviours which are not acceptable and to challenge them e.g. their role as a bystander.
- Provide a safe and stimulating atmosphere within an aesthetically pleasing environment that promotes a sense of care and pride.
- To encourage an educational partnership, embedded through proactive communication, between children, staff, parents/carers and governors and to promote positive links with the wider community.
- To create a school ethos that encourages children to disclose bullying incidents.
- To raise awareness in the school community of what bullying is and that bullying is unacceptable behaviour.
- To support those who are affected by bullying behaviour and for those involved in bullying behaviour.

Core strategies for ensuring outstanding behaviour at Southwold, Orchard and Hoxton Garden Primary Schools.

This document outlines a hierarchy that will ensure the appropriate degree of seriousness is attached to incidents through the fair and consistent use of both the sanction and the staff members who are involved.

All members of our school community have a responsibility to proactively ensure adherence to whole school behaviour expectations and the safeguarding of children. **To ignore an incident is to condone it.**

Our expectation of recall and transition

- The term recall refers to regaining whole class attention. The agreed school strategy is to raise a hand and wait for pupils to signal readiness by raising a hand back.
- The term transition refers to points in a lesson or during the school day when children are moving between activities.
- All children are expected to walk around the school silently in single file with hands by their sides to avoid touching others. This is to demonstrate respect to other children in classrooms and so that adult instructions can be heard. Our schools maintain a calm, purposeful and safe atmosphere because of this expectation.
- When moving between activities in the classroom, all classes are expected to adhere to a system where children move silently and safely to their chairs or tables following a count of three where 3 would indicate standing up, 2 moving to tables/carpet and 1 sitting down.

Why do we need effective and efficient transitions?

- It minimises the learning time wasted and allows an immediate start to independent learning. Children are never idle while waiting for the teacher.
- It maintains a focus, which means that children don't forget what they have just asked them to do.
- Transitions that are orderly, efficient, and systematised, require little teacher direction which ensures the core focus is always on learning.
- It ensures that children are safe. It also makes sure that children feel safe as they know they all have the same expectation and it is a very familiar routine.

How to I achieve this?

- Thinking about classroom layout and how furniture may prevent safe movement.
- Being organised and prepared for each part of a lesson.
- Making sure there is the full attention from everyone before giving directions.
- Active supervision – body language, pre-empting, repeating with individuals, assertive and positive communication including non-verbal signals.
- Consistency both from and between adults in the room.
- Praise and recognition underpinned by consistent communication of expectation.

School Leader Responsibilities

- School leaders will lead by example in ensuring an effective school culture through effective communication to staff, children and the wider community.
- School leaders will visibly and consistently supporting all staff in managing pupil behaviour through following the behaviour policy.

- A system for logging incidents which allows for an analysis and tracking of issues and the identification of pupils at risk of exclusion, as well as any patterns of bullying is completed and analysed half termly with swift action taken where trends are identified.

Staff Responsibilities

Staff ensure positive learning behaviour through:

Implementation of best practice in learning and teaching:

- *Quality first teaching* (inclusive teaching through appropriate challenge and differentiation) supported by outstanding planning and ongoing assessment that informs planning as well as lessons which are in process.
- *Marking which provides feedback*, achievable targets that encourage positive learning and 'can do' attitudes as well as marking that elicits a response and dialogue between teacher and pupil.
- *Avoiding an over reliance on 'time out'* in other classrooms as this admits a teachers inability to cope, undermines their authority, severely restricts learning opportunities and quick re-integration and can cause greater disruption to other classes. A class teacher needs to assert initial authority over a situation, setting behaviour expectations to other children. The exceptions to this are Stage 3 behaviours (Sanctions).

By building positive relationships:

- *Rewards* – e.g. actively noticing good behaviour, SEAL awards, lining up points leading to an appropriate reward, class table points/marbles, golden star award, positive messages to parents.
- *Good relationships with parents* by being available in the playground at the start and end of the day, taking concerns seriously and by informing them of good behaviour and learning success as well as behaviour which is a concern.
- *Remembering a teachers own role in the behaviour of a class* and being aware of reasons that may lie behind certain behaviours e.g. through inappropriate activity, lack of challenge, or timetabling, teacher tiredness, excitement over planned events, breaks in routine, accessibility of resources, quality of relationships and being proactive to address barriers promptly.
- *Balance of reward and sanction* –ensuring consistency in application of classroom rules at all times to ensure reasonability, proportionate response and measurable accountability.
- *Knowing the children as individuals*. This means where they are in their learning, how they learn, what sort of learner they are, and the best way to support them by encouraging confidence, self-esteem and positive relationships with other children and adults.
- *Showing empathy*. When discussing any behaviour with children, adults will do so in a Trauma Informed way by being empathic, nurturing and non-judgemental regardless of the behaviour exhibited.
- By recording significant contact with parents and carers using the agreed school record keeping systems.

By modelling and teaching learning behaviours

- *Helping children become independent and active learners*, by listening and acting on their knowledge and understanding, encouraging them to think for themselves, develop their own opinions, and to organise their own time and resources effectively, with support from the teacher.

- By following the PACE model (Playfulness, Acceptance, Curiosity and Empathy) (**see Appendix C**) we recognise that behaviour is a form of communication. By remaining curious and empathetic, we seek to understand the emotions driving a child's behaviour and respond in a supportive, understanding way.
- By consistently applying behaviour response strategies and where needed, training on de-escalation strategies, including use of the PACE model, to ensure calm is restored quickly if a child displays agitation or anger. For example:
 - *Adults giving explicit direction and being clear with reasons for actions and consequences for actions e.g. 'I have moved you because you were disturbing other children and if you continue to talk I will sit you on your own'.*
 - *By not engaging children in protracted discussion about incidents but simplifying them in relation to school expectations e.g. 'I understand that you are upset but you are disturbing the learning / play of other children and I cannot allow you to do that' / 'You kicked someone and this behaviour is unacceptable. You will be given time to explain your understanding when you have reflected on your response.'*
- Knowing that humour can be an extremely powerful behaviour management tool.
- To clearly set the expectation that respect means pupils not raising their voice at you or answering back.
- By utilising a variety of positive redirection techniques (see Appendix B) e.g. choice direction e.g. 'You can either complete this work now or you can complete it at playtime, it is your choice.'
- Using problem and praise discussion and the PSHE planned curriculum to help children develop strategies to deal with situations and giving the child strategies to deal with a situation if it should arise again.
- By taking children's concerns seriously and applying the schools policy on bullying fairly and with an awareness that bullying occurs in every school and is a hindrance to a positive learning climate for both pupils and adults.

By ensuring consistency of expectation from all stakeholders

- Referring to school rules displayed in common areas.
- All adults being proactive in ensuring that children from Nursery to Year 6 are expected to enter and leave assembly and to *walk* around the school *silently* in *single file* with hands by their sides to avoid touching others.
- Ensuring that when a sanction is used it is fair, appropriate and proportionate for the action using the sanctions ladder to determine this (see Appendix A).
- Agreeing class rights and responsibilities with the children at the beginning of a school year and displaying these **in** the classroom and **on** the classroom door.
- By listening but being clear that adult decision is final regardless of whether it is perceived as right or wrong.
- By supporting the school policy of ensuring that children who are old enough to go home without an adult at the end of the school day, do so immediately with due respect for our local neighbours and community. Upholding our school values and positively representing our school whilst in our community.
- By ensuring that the common strategy and expectation for recall and transitions both in the classroom and around the school is fully embedded through consistent application and expectation.

The Parents'/Carers' Responsibilities

For pupils to achieve to their full potential it is essential that there are links and clear communications between home and school. Central to this is the understanding that teachers, parents and carers *all* want their children to succeed and be safe and happy within school.

Parents can support their child to adhere to the expectations of the school community by:

- **Explaining to your child** what school is for: a place for learning where he/she will be living with other people and that means sharing – books, equipment, adult attention and co-operating with others.
- **Helping your child with his/her learning:** This means showing an interest in what your child has done at school, sharing reading books, ensuring homework is completed, looking after / returning borrowed books or resources and attending parents' meetings and open evenings to discuss your child's progress with the class teacher.
- **Supporting the school.** Any worries or concerns should be shared first with the class teacher. It is not always appropriate to voice your concerns in front of your child or other children in a public place. Make an appointment. We are always willing to listen and come to a shared understanding.
- **Acting on messages from the school:** This may mean praising your child at home for actions at school or discussion and sanctions at home to support those imposed at school as well as understanding that undermining your child's teacher in front of your child will create further situations that may be very difficult to repair.
- **Understanding that the school acts to prevent and stop bullying.** Bullying takes many different forms and the school will always take a balanced view and listen to all sides of a story before acting.
- **By not attempting to deal with issues yourself** through conversations with children or other parents in the playground.
- **Understanding that children also learn from watching the behaviour and actions of their parents and siblings:** If the parent / carer criticises the school or acts in an antisocial way, the child will do the same, and this will affect his/her learning. Parents / carers who do not co-operate reasonably with school staff or who become abusive will be asked to leave the school premises and will not be allowed back until the situation has been resolved.
- **Sending your child to school on time. Every day.** If he/she is not well enough to come make sure that he/she returns at the earliest opportunity.
- **Sending your child to school ready to learn:** Children need to concentrate to learn, and therefore need to be fit and well, to have had enough sleep, to have eaten, and to be suitably dressed.
- **By actively supporting the school policy** of ensuring that children who are old enough to go home without an adult at the end of the school day, do so immediately with due respect for our local neighbours and community. Upholding our school values and positively representing our school whilst in our community.
- **Communicating with the school** any special medical needs: Or any special circumstances at home that may affect your child's behaviour for learning.

Please note: During the school day all parents, carers and visitors must report to the school office before contacting any other member of the staff or children. It is not acceptable for parents to approach staff when they are teaching. Equally, it is inappropriate for parents to approach support staff directly about their child's behaviour without first consulting the class teacher. Additionally, it is inappropriate for parents to canvass and seek the views of other parents in relation to behaviour issues specific to their child.

The Child's Responsibilities

The expectations and rules of Southwold, Orchard and Hoxton Garden Primary Schools are displayed throughout the school and in the playground. These rules are regularly explained and discussed with children.

The core expectation of behaviours we require from children at Southwold, Orchard and Hoxton Garden Primary Schools, in and out of the classroom are:

- Respecting myself, other people and our school property.
- Being a friend to myself and others.
- Listening to adults and doing the right thing the first time.
- Taking responsibility for my actions and my learning.
- Looking smart. Acting smart. Being smart.

Reward Systems & Support Mechanisms

The most effective form of behaviour management is one, which notices where good behaviour is occurring and promotes it.

At Southwold, Orchard and Hoxton Garden Primary Schools we actively praise behaviours which are supportive of a positive learning climate. Pupils have a weekly whole school assembly where the behaviour and effort of a child from each class is celebrated and a 'golden award card' is sent home to their parents. There is also a second assembly exploring the social and emotional aspects of learning. In the playground children are awarded SEAL awards for behaviour which presents a positive social attitude and our Personal Social Health & Citizenship Education curriculum forms part of the weekly timetable for all classes. Children are given roles and responsibilities such as peer mediating, peer reading, school council membership and an on-going learning dialogue provided within our marking policy and monitoring processes to support a growing sense of self responsibility.

Within each classroom there is an expectation that there will be one clearly defined reward system related to individual, group and whole class achievements. The chosen class behaviour system needs to be represented visually to children and used consistently by every adult to ensure measurable accountability. An example of effective systems include traffic light (red, amber and green) with the green representing ready to learn behaviours, the amber a warning and the red a sanction.

Supplementary and additional positive reinforcement can be communicated through stickers, positive contact with parents or for an earned goal over a period of time, extra playtime.

In order to support children who experience difficulty in adopting successful learning behaviours the school uses a range of support strategies. The most important aspect of this is to have full parental support in the wider aims and ethos of the school in correcting behaviour, which is to the learning detriment of pupils.

Other such strategies include:

- Weekly behaviour reports with individual targets that are monitored by senior members of staff and communicated home.
- Pastoral Support Programmes for children who are identified to be at risk of suspension including the involvement of external agencies and our school learning mentor.
- Social skills groups for children who present particular difficulties.
- Restorative justice meetings for pupils facilitated by the Learning Mentor/ Senior Member of staff.

- Re-integration meetings with pupils returning from suspension.
- Organised/'Zoned' playground activities with adult led and supervised team games as well as resourced quiet areas.
- Alternative play opportunities at lunchtime for children who find the long period difficult.
- Engaging with outside agencies for support.

Pupils with Special Educational Needs & Disabilities

The school recognises its legal duty under the Equality Act 2010 to prevent pupils with a protected characteristic from being at a disadvantage. We consider the needs of all children and staff, so all members of the school community can feel safe and that they belong. Consequently, our approach to challenging behaviour may be differentiated to cater to the needs of repeated and challenging pupil behaviour.

The school's special educational needs co-ordinator will evaluate a pupil who exhibits challenging behaviour to determine whether they have any underlying needs that are not currently being met. Where necessary, support and advice will also be sought from specialist teachers, an educational psychologist, medical practitioners and/or others, to identify or support specific needs. When specific needs are identified, we will liaise with external agencies and plan a support programme for the child that anticipate likely triggers of misbehaviour and put in place support to prevent these. Any preventative measure should take into account the specific circumstances and requirements of the pupil concerned. We will work with parents and other professionals to create the plan and review it on a regular basis.

For children with additional needs, including SEN Support and pupils with an Education, Health and Care Plan, which result in behavioural need also presenting, the school will work with identified external agencies and incorporate the advice within the personalised provision plan.

Sanctions

The aims of any response to misbehaviour should be to maintain the culture of the school, restore a calm and safe environment in which all pupils can learn and thrive, and prevent the recurrence of misbehaviour.

Deterrence: sanctions can often be effective deterrents for a specific pupil or a general deterrent for all pupils at the school.

Protection: keeping pupils safe is a legal duty of all staff. A protective measure in response to inappropriate behaviour, for example, removing a pupil from a lesson, may be immediate or after assessment of risk.

Improvement: to support pupils to understand and meet the behaviour expectations of the school and reengage in meaningful education. Children will test boundaries, may find their emotions difficult to manage, or may have misinterpreted the rules. Children will be supported to understand and follow the rules. This may be via sanctions, reflective conversations or targeted pastoral support.

The sanctions ladder (Appendix A) outlines a hierarchy of sanctions and record keeping to guide school staff in consistency of approach across the school.

All staff has an active responsibility to intervene at any point or any stage where behaviour is deemed to be inappropriate.

Maintaining high standards

Staff members have the right to confiscate items such as jewellery, mobile phones, toys and sweets and keep them in a safe place until the end of the day/week/school term/until collected by a parent or carer.

The wearing of inappropriate clothing or shoes as outlined in the school dress code will result in a letter home, or the child being sent home with the parent to change unless previous arrangements have been made. Repeated uniform violations will require the involvement of the senior leader.

Repeated absence or lateness as recorded by school systems will trigger interventions by a senior leader and the Educational Welfare Officer (see the attendance policy).

Threshold Sanctions

Removal from the classroom will be implemented when behaviour requires a child to be excluded from all contact with classmates during the school day including break times and assemblies and to be supervised by DH/HT with the parent or carer formally informed of actions.

Suspension will only be used as a serious sanction where other strategies have failed or in response to a breach of discipline that is serious enough to put children's learning opportunities at risk, and/or the health and safety of other children or staff. A suspension may be used to provide a clear signal of what is unacceptable behaviour as part of the school's behaviour policy and show a pupil that their current behaviour is putting them at risk of permanent exclusion. Where suspensions are becoming a regular occurrence for a pupil, the Headteacher will consider whether suspension alone is an effective sanction for the pupil and whether additional strategies need to be put in place to address behaviour. Only the Headteacher can make the decision about a suspension.

Permanent exclusion is when a pupil is no longer allowed to attend a school (unless the pupil is reinstated). The decision to exclude a pupil permanently will only be taken in response to a serious breach or persistent breaches of the school's behaviour policy and where allowing the pupil to remain in school would seriously harm the education or welfare of the child or others such as staff or children in the school.

Supporting pupils following a sanction

Following a sanction, strategies will be in place to help a child to understand how to improve their behaviour and meet the behaviour expectations of the school. This might include a targeted discussion with the child, including explaining what they did wrong, the impact of their actions, how they can do better in the future and what will happen if their behaviour fails to improve. This may also include advising them to apologise to the relevant person, if

appropriate. For a suspension, a parent or carer is expected to be present at the reintegration meeting on return to school.

Behaviour Outside of School

Southwold, Orchard and Hoxton Garden Primary Schools expect pupils to represent the school positively in the local community and whilst on school trips. Our behaviour code applies to off site trips and visits. For behaviour outside of school but not on school business, sanctions will apply if there is a clear link between that behaviour and damage to the reputation of the school or maintaining good behaviour and discipline amongst the pupil body as a whole. It is the school policy for children who are old enough to go home without an adult at the end of the school day, do so immediately with due respect for our local neighbours and community. Upholding our school values and positively representing our school whilst in our community.

Mobile phones

Mobile phones and smart watches cannot be used during the school day. Allowing access to such technology in school introduces complexity and risks, including distraction, disruption, bullying and abuse, and can be a detriment to learning. For pupils walking home alone, mobile phones and smart watches must be handed into the school office on arrival and collected on dismissal at the end of the day.

Specific Behaviour Issues

Child-on-child sexual violence and sexual harassment

Whilst it is normal for children to exhibit curiosity with regards their own bodies and physical development it is essential that clear boundaries are set to protect all children from abuse and to reflect cultural and societal expectations.

It is appropriate to discuss incidents with the child, suggest alternative games, make a record of event and inform designated safeguarding officers (Head/Deputies).

If a child discloses inappropriate serious sexual behaviour involving other children or adults it is the legal duty of the adult to inform the designated child protection teacher immediately.

Repeated or serious sexualised behaviour will result in a referral to Children's Social Care/Police Services.

Online incidents

Many online behaviour incidents amongst young people occur outside the school day and off the school premises. Parents are responsible for this behaviour. However, often incidents that occur online will affect the school culture. At Southwold, Orchard and Hoxton Garden Primary Schools, sanction may be put in place when behaviour online poses a threat or causes harm to another child on the school roll, and/or could have other repercussions such as bringing the school name into disrepute.

Pupil Use of Personal Devices

The school prohibits the use of mobile phones and other smart technology with similar functionality to mobile phones (for example, the ability to send and/or receive notifications or messages via mobile phone networks or the ability to record audio and/or video) throughout the school day, including during lessons, the time between lessons, breaktimes and lunchtime. Children who walk home alone may bring a phone to school which must be placed in the school office at the beginning of the day and collected after 3:30pm. Any device brought into school and used in breach of this policy will be confiscated.

Headteachers and senior leaders have a statutory power to search a pupil or their possessions where they have reasonable grounds to suspect that the pupil is in possession of a prohibited item

If a pupil needs to contact his or her parents or carers, they will be allowed to use a school phone. Parents are advised not to contact their child via their mobile phone during the school day, but to contact the school office. Pupils should protect their phone numbers by only giving them to trusted friends and family members. Pupils will be instructed in safe and appropriate use of mobile phones and personally-owned devices and will be made aware of boundaries and consequences.

Investigating issues and concerns that may arise

It is expected that school staff will use their professional judgement over the length and type of investigation required to establish the cause and perpetrators of any issues that arise. Notes from discussions with pupils are usually recorded on the school 'blue form' record keeping template. Where a situation is of a more serious concern or involves several children, it is likely that the investigation might be undertaken by a learning mentor, a member of the Senior Leadership team or another member of staff delegated by them.

Staff may lawfully search electronic devices, without consent or parental permission, if there is a suspicion that the pupil has a device prohibited by school rules, or the staff member has good reason to suspect the device may be used to:

- cause harm
- disrupt teaching
- break school rules
- commit an offence
- cause personal injury
- damage property

Any data, files or images that are believed to be illegal must be passed to the police as soon as practicable, including inappropriate images of children, without deleting them.

Any data, files or images that are not believed to be unlawful, may be deleted or kept as evidence of a breach of the school's behaviour policy.

School staff can search pupils with their consent for any item. Headteachers and staff authorised by them also have a statutory power to search pupils or their possessions, without consent, where they have reasonable grounds for suspecting that the pupil may have a prohibited item. Prohibited items are:

- knives or weapons
- alcohol
- illegal drugs
- stolen items
- tobacco and cigarette papers
- fireworks
- pornographic images
- any article that the member of staff reasonably suspects has been, or is likely to be, used to commit an offence, or to cause personal injury to, or damage to the property of, any person (including the pupil)

Headteachers and authorised staff can also search for any item banned by the school rules which has been identified in the rules as an item which may be searched for.

Schools are not required to have formal written consent from the pupil for this sort of search – it is enough for the teacher to ask the pupil to turn out his or her pockets or if the teacher can look in the pupil's bag or locker and for the pupil to agree. If a member of staff suspects a pupil has a banned item in his/her possession, they can instruct the pupil to turn out his or her pockets or bag and if the pupil refuses, the teacher can apply an appropriate sanction in line with the sanctions ladder.

School staff can seize (confiscate) any prohibited item found as a result of a search. They can also seize any item, they consider harmful or detrimental to school discipline

Bullying

Bullying can happen anywhere, however it prevents equality of opportunity and it is everyone's responsibility to prevent it from happening and to deal with it robustly when it does occur.

What is bullying?

The term 'bullying' has changed over time. The Department for Education defines bullying as:

- Repetitive, wilful or persistent behaviour intended to cause harm, although one-off incidents can in some cases also be defined as bullying
- Intentionally harmful behaviour, carried out by an individual or a group
- An imbalance of power leaving the person bullied feeling defenceless.

The Anti-Bullying Alliance defines bullying as:

- Intentional, repetitive or persistent
- Hurting of one person by another, where the relationship involves an imbalance of power

Bullying can be physical, verbal or emotional by a single person or a gang.

There are four main types of bullying. All of these types of bullying can take the form of Homophobic/Racist/Ability or gender based bullying:

Verbal: Verbal bullying is when someone is called names, threatened and made to feel bad

Physical: Physical bullying is when someone is hit, punched, pushed or have their personal items stolen and any other kind of physical, aggressive contact

Social: Social bullying is when someone is left out of games, deliberately ignored and has

bad things spread about them and made to feel like an outsider

Cyber: With the technology age a new type of bullying was born; Cyber Bullying. This type of bullying can be chat rooms, online, instant messaging, on a mobile phone or even e-mails (see also *appendix E which details the schools response to Cyber Bullying*)

What can the school do?

We encourage all children to approach adults when they are upset. Where bullying is suspected teachers will speak to all the children involved and try to find out the cause of the issue. This process will often involve discussions about what happened and why. Children will be encouraged to understand what has gone wrong, reflect and confront the impact of what they have done. All serious reported incidents are recorded on 'blue forms' which are regularly reviewed. If there are repeated issues involving the same child then the school uses social skills groups, learning mentors, increased playground supervision including peer mediators, circle (social and citizenship) times in class, lunchtime clubs and on rare occasions of serious & sustained bullying children can be excluded.

Strategies for Reducing and Eliminating Bullying

Reasons a pupil may experience bullying may include:

- Race / Gender / Class/ Sexuality
- New child in school
- Child with family crisis
- Disability or difference of any kind
- Children who are not assertive (timid), unlikely to fight back, children with few friends, anxious or fearful children, younger children and those outside a group.

Reasons for being a bully may include:

- Experiences of violence
- Enjoyment of power / creating fear
- Low self esteem
- Copying behaviour seen at home or on television

We firmly believe that prevention is better than cure, so we:

- Have organised/'zoned' playground activities with adult led and supervised team games as well as resourced quiet areas
- Use of peer mediators, learning mentors and playground buddies
- Have a lunchtime time chill out club for pupil's who struggle to cope in the playground.
- Regular training for staff in behaviour management, including identifying and dealing with bullying
- A Personal Social, Health & Citizenship Education curriculum which addresses social issues such as bullying and an annual anti bullying week
- Regular class circle time which is used to address bullying and explore issues of feelings / friendship / asking for help when needed
- Use external agencies in the form of social skills groups, anger management and individual therapy for pupils via Unlocking Potential.
- Each class has a 'Problem & Praise Box' through which children are provided with a further opportunity to report bullying and anxieties.
- Pupils are regularly reminded of our referral systems for bullying: self-referral (this is when a child is directly involved in an incident); peer referral (when a child has witnessed an incident but is not directly involved); parent / carer referral (when a parent raises a concern about bullying). We have clear referral routes for all pupils.

- We actively follow-up all incidents as this is crucial to pupils feeling confident that the school has taken the incident seriously and that action will be taken.

Advice for Parents / Carers

Try to keep a perspective and be calm. As children are growing and learning social skills they can fall out and have arguments. This does not always equate to bullying and both sides of a story need to be heard before anything can be assumed.

Follow the school procedures for dealing with incidents and don't try to deal with them yourself which poses the risk of being accused of bullying yourself. Parents who approach other children or parents about issues very often make the situation much worse. Don't give permission for bullying by encouraging children to hit back, or to 'toughen up'.

Procedure for Dealing with Bullying

- All complaints to go to the Class Teacher or Learning Mentor before reporting it to the Deputy Headteachers then Headteacher as class teachers are often best placed to have a deeper understanding of the situation and to investigate.
- This member of school staff should establish the circumstances of the incident(s) by speaking to any adults or pupils who witnessed it. Records should be made of the content of the discussions and witness statements taken where appropriate.
- Stress that watching and doing nothing is supporting (some children prefer this as an option).
- Be aware and directly tackle any racist, sexist or homophobic/transphobic language. This is unacceptable in our schools.
- Decide whether the incident constitutes bullying. Any incident involving aggression or verbal abuse must be recorded using a blue form (see appendix A)
- Involve parents and explain action taken, why and what they can do to reinforce and support. Communicate report to parents and make a record of all contact with parents using a yellow form.
- Give support to both the pupils who experience bullying and the bully. Pupils who experience bullying need self-esteem and self-value. Bully needs to work with others (co-operation rather than competition).
- Reward non-aggressive behaviour and help children to see other points of view: "How would you feel if....."
- Follow up, to support the pupil who experienced bullying and prevent reoccurrence (monitor closely) involving the Learning Mentor where appropriate.

See also Dfe Cyberbullying Advice for Headteachers & Staff, DfE 2014

Pupil Transition

To ensure a smooth transition to the next year, pupils have transition sessions with their new teacher(s). In addition, staff members hold transition meetings. To ensure behaviour is continually monitored and the right support is in place, information related to pupil behaviour issues may be transferred to relevant staff at the start of the term or year. Information on behaviour issues may also be shared with new settings for those pupils transferring to other schools.

Training

Our staff are provided with training on managing behaviour as part of the annual induction process. Ongoing training is provided to staff at staff training sessions and additional training

is arranged for staff when a need arises. Behaviour management will also form part of continuing professional development.

Related School Policies

• Learning & Teaching policy • Safeguarding policy • Appropriate Use of Force to Restrain Pupils Policy • Inclusion Policy • Equal Opportunities Policy	• Marking & response policy • ICT security and procedures policies • Complaints Policy • Parent Partnership Policy • PSHCE Policy
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Appendix A

Sanctions Ladder

	Behaviour	Appropriate Sanctions	Comments
Stage 1 – Aggravations	• Calling out • Getting out of seat / moving around classroom • Running in the school building • Not putting hand up to talk • Interrupting other pupils • Ignoring minor instructions • Silly noises/minor annoyances • Pushing in the line • Talking during silent work • Minor playground Incidents	• Eye contact • Reminders • Verbal reprimand • Statement of inappropriate behaviour and consequences for repeating it • Change of seating • Use of in class behaviour system (e.g. moving to warning) • 5 minute playground cool down (shadowed by Peer Mediator / TA) • Tactically ignore	Not recorded No other staff members involved. Peer Mediators /TA on duty deal with playground incidents After 3 repetitions within a small time frame then move to Stage 2
Stage 2 – Less Serious	• Repeated Stage 1 behaviour • Eating sweets in school • Refusal to work/unacceptable output • Deliberate disruption • Accidental damage through carelessness • Cheek, off hand comments • Minor challenge to authority • Minor, non-directed swearing • Spitting • Repeatedly annoying other children • Playground conflict (physical not targeted) • Being in a building unauthorised	• Separation from the rest of the class within classroom (timeout) • Writing a letter of apology during break time (with class teacher) • 5 - 20 minute lunchtime detentions to complete unfinished work/complete pupil behaviour reflection (with CT / PL / AHT) • 5 minute playground time out • Repair/clean up of damage	Peer Mediators / TA on duty to on duty deal with playground incidents Repeated incidents within a short time frame to be reported to PL / AHT
Stage 3 – More Serious	• Repeated Stage 2 Behaviour • Deliberately throwing small objects with intention of harming or breaking them. • Harming someone with intent • Damage to school/pupil property • Leaving class without permission • Repeated refusal to do set tasks • Deliberate rudeness to adults • Harmful/offensive name calling/directed swearing at another child or adult • Bullying (including cyber bullying) • Playground incident (targeted physical harm)	• Informal contact with parents by class teacher • Separation from the rest of the class for a session or half day (removal from classroom) • Lunchtime detention (thinking room) including the completion of behaviour reflection • Behaviour chart/ 'On report' monitored by a senior member of staff and a copy sent home at end of week to parent • Withdrawal from whole school events e.g. trips	Incidents recorded on blue form & circulated (kept on file) Parental contact recorded on yellow form & circulated (kept on file) Reported to DHT repeated incidents within a short time frame

	Behaviour	Appropriate Sanctions	Comments
Stage 4 – Very Serious	- Repeated Stage 3 Behaviour - Repeatedly leaving the classroom without permission - Fighting in the classroom - Playground incident (repeated intentional physical harm) - Throwing large dangerous objects - Serious challenge to authority - Verbal abuse/swearing to any staff or parent - Bringing the school into disrepute e.g. on public transport, locality. - Vandalism/graffiti - Stealing - Persistent or serious bullying including cyber bullying - Racist/homophobic incidents - Truancy - Malicious or inappropriate use of new technologies (see also ICT policy)	- Formal telephone call/contact/ letter/ meeting with parents by above. - Possible recompense for damaged property from parent - School 'community service' - Behaviour chart/ 'On report' monitored by a senior member of staff copy sent home at end of week to parent - Possible denial of technology access rights - Lunchtime detention (thinking room) including the completion of behaviour reflection - Withdrawal from whole school events e.g. trips - Suspension from site at lunchtimes - Removal from classroom for an identified fixed period - Possible suspension up to 15 days/Permanent exclusion - After school detentions (up to 1.5 hours)	Requires immediate involvement of DHT / HT - Incidents recorded on blue form & circulated or through agreed behaviour book (to be kept on file) - Parental contact recorded on yellow form & circulated - SEN assessment - Involvement of outside agencies e.g. CAMHs / Unlocking Potential / EP - PSP to be put in place (learning mentor plan management) - Behaviour chronology and allocation of key Senior Leader to be key point of contact
Stage 5 – Extremely Serious	- Repeated Stage 4 Behaviour - Extreme danger or violence - Very serious challenge to authority - Verbal or physical abuse to any staff - Running out of school - Possession of a weapon considered being dangerous by an adult at Southwold, Orchard and Hoxton Garden Primary Schools. - Possession of illegal drugs or substances portrayed or believed to be a danger to pupils' well-being by an adult at Southwold, Orchard and Hoxton Garden Primary Schools	- Immediate suspension up to 15 days/Permanent exclusion - After school detentions (up to 1.5 hours)	- Requires immediate involvement of DHT / HT - Parallel Procedures for official out of school activities (PRU)

Appendix B

Positive Redirection Strategies For The Classroom

- **Tactical Ignoring** for a short period of time
- **Tactical pausing** – pause emphasises attention and focus
- **Non Verbal Cueing** – a clear, discussed cue that gives message
- **Take up Time** – providing time for the pupil to follow instructions. Check back instruction has been completed
- **Name Reminder** – Integrate name into teacher talk
- **Proximity Praise** – praising a pupil for following expectation to direct another pupil without drawing attention to the undesired behaviour
- **Distraction/Diversion** – keep brief so it does not become too distracting!
- **Behavioural Direction** – use name to initiate attention, focus behaviour required rather than what is going wrong, finish with thanks, keep direction brief
- **Rule Reminder** – Do not have to give the rule each time, Could ask question ‘what is our rule for....?’
- **When you have.....then you can.....** Keep focus on desired outcome
- **Partial agreement** – partially agree then redirects. Keep focus on required behaviour and not discussion. I understand that you feel/think...but I would like you to.....
- **Stuck Record** – repeating the directing keeping the voice calm, without getting drawn into discussion e.g. ‘I would like you to.....’ ‘The rule is.....’
- **Direct Questions** - ‘what’ when’ how rather than why are you? Moving the responsibility for behaviour to the pupil
- **Directed choices** – within known rules or routines – refer back to rights, roles and responsibilities
- **Assertive comment/direction/ command** – degrees of assertion in language and voice. Clear, calm voice. Voice may be louder than normal. Non aggressive eye contact.

Appendix C

The PACE Model

- A therapeutic approach developed by Dr Dan Hughes that uses consistent, empathic, insightful connected responses to a child's distress and behaviours, allowing the child to begin to self-regulate and develop an understanding of their behaviours.
- It is particularly effective in meeting the needs of children and young people who have experienced trauma.
- The purpose of **playfulness** is to enjoy being together in an unconditional way. Playfulness reduces the shame a child might feel when something has gone wrong; difficult messages or serious conversations can be easier to have if the tone is light.
- Unconditional **acceptance** is fundamental to a child's sense of safety because it shows that you have connected with their feelings without judgement.
- It's important to be **curious** about the child's thoughts, feelings, wishes and intentions: they may still be learning that they can be held in mind by an adult without judgement and accusation at all.
- **Empathy** gives us a sense of compassion for the child and their feelings. Being empathic is not about reassuring the child (which tries to make the problem go away) but about being with them in the moment, carrying and containing their big emotions. This lays the foundation for connection.

Strand	What this could look like in practice
Playfulness	• Find out about the child's interests • Find small moments to talk about what is important to the child • Create a warm, light-hearted and engaging atmosphere to foster safety and connection • Use a light animated tone and body language
Acceptance	• Validate the child's feelings, e.g. <i>"I understand that you are feeling...."</i> • Acknowledge the child's experience without judgement, e.g. <i>"I can tell that was important to you."</i> • Talk about your own feelings and normalise emotions, e.g. <i>"Lots of people feel scared when they're in a new situation."</i> • Demonstrate non-verbal acceptance through nodding, use of gentle eye contact, a calm posture and staying physically present
Curiosity	• Use 'I wonder...' statements • Ask open ended questions, e.g. <i>"I noticed you got frustrated just now. I wonder what was happening for you?"</i> • <i>Reflect back the child's emotions or thoughts: 'It sounds like you were feeling upset because...'</i> • Avoid answering for the child with what you think • Use what you know about the child to provide your wonderings
Empathy	• Name emotions explicitly • Respond with supportive comments, e.g. <i>"I understand why that made you upset, let's work through it together."</i> • Validate feelings without judgement • Support to connect past and present feelings, e.g. <i>"I remember this made you anxious last time — it makes sense you feel that way now"</i>

Appendix D

Incident Report Form

To be completed when any child is involved in an incident at school. It must be circulated as appropriate with any relevant documentation including parent contact attached and then placed in the behaviour folder.

Full Name(s) _____ **Class** _____ **Date** _____

Type of Incident *(Please add any details considered to be relevant below or on back of form)*

RTOC2. Continuous Disruption to others learning	RTOC3. Continuous refusal to follow class rules	RTOC4. Verbal Abuse pupil-pupil	RTOC5. Verbal Abuse Pupil – Adult
SMT1 Severe Verbal Abuse Pupil to Pupil	SMT2 Severe Verbal Abuse Pupil - Adult	SMT3 Violence pupil - pupil	SMT4 Violence Pupil – Adult
SMT 5 Racist Incident	SMT6 Leaving without permission	SMT7 Theft	SMT 8 Carrying a weapon onto school site
SMT 9 Intentional Damage to Property	SMT 10 Other incident requiring SMT involvement	TTPH Incident Requiring Positive Handling/Restraint	BULL Bullying (please specify type on reverse)

Where incident occurred? *(If other please detail below or on back)*

When?

Classroom	Dining Hall	Other Hall	Corridor	Stairs
Playground	Toilets	Outside School	After School Club	Lunchtime Club

Please give approximate time of incident:

Who else involved? *(Add any details considered relevant below or on back)*

Teacher	Teaching assistant	Other School staff	Group of children (please ensure a copy of form for each child)	Individual Child
Same class	Same year Group	Different year Group	Pair of children	Other (detail below)

How was it dealt with? *(Please circle all that apply)*

Cooling off period/ Discussed with pupil	Spoken apology	Written apology	Kept in at breaktime
Parents Informed (Attach letter or yellow form)	Restorative Justice/ Referred to LM	Referred to Phase Leader	Referred to DHT
Referred to HT	Behaviour Chart	Removal from Classroom (indicate no. of days below)	Suspension (indicate no. of days below)

(Contact with parents or behaviour charts should not be made without prior agreement of the Phase Leader/SLT)

Appendix E

Weekly Behaviour Report

Name _____ Class(Year) _____

Target(s):

You will be given a score of 1-5 for each session.
A five is perfect, a 3 or less will mean you miss a playtime.

	Morning	Play Time	Before Lunch	Lunch Time	After Lunch	Comments
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						

Appendix F

Cyber Bullying: Supplementary Advice and Guidance

What are the different types of cyber bullying?

There are lots of different ways that someone can experience bullying through the internet or mobile phones. Some of them are really subtle, so it might be difficult to realise what is happening.

Text messages

Sending abusive, nasty or threatening text messages to someone is a type of bullying. This could include sharing those texts with other people who might join in the bullying.

Sexting

Sexting is when someone takes a sexually explicit picture or video of themselves and then sends it to someone else. Sometimes people who are trying to bully someone may ask for these kinds of images so they can send them on to other people. Any incidents of sexting involving children will be dealt with in line with our safeguarding policy and processes.

Email

Sending abusive emails is a type of bullying. Sometimes those emails might be shared with other people who could join in the bullying. Sending computer viruses or hurtful videos and pictures by email is also online bullying.

Instant messaging (IM) and chat rooms

Sometimes people might get nasty messages when they are using instant messaging or chat rooms. Sending those types of messages using someone else's account without their permission is also online bullying.

Social networking sites

Social networks can be used in lots of different ways to bully someone. Learn more about how to stop bullying on different social networking sites like Facebook, Twitter, Tumblr, Instagram, YouTube and many more. Children under the age of 12 are not permitted to hold a Facebook account.

Online gaming

Being abusive towards someone or harassing them on an online multi-player gaming site is also a kind of online bullying.

Abusing personal information

Sometimes people involved in bullying might post someone else's photos or personal information without that person's permission. This could include pretending to be someone else and writing fake comments or blogs.

School staff

School leaders, teachers, school staff, parents and pupils all have rights and responsibilities in relation to cyberbullying and should work together to create an environment in which pupils can learn and develop and staff can have fulfilling careers free from harassment and bullying.

It is not acceptable for pupils, parents or colleagues to denigrate and bully school staff via social media in the same way that it is unacceptable to do so face to face.

Schools should encourage all members of the school community including parents to use social media responsibly. Parents have a right to raise concerns about the education of their child, but they should do so in an appropriate manner.

All school staff are in a position of trust, and there are expectations that they will act in a professional manner at all times.

- Ensure you understand your school's policies on the use of social media, Childnet's 'Using Technology' guide has more information on what to be aware of.
- Do not leave a computer or any other device logged in when you are away from your desk.
- Enabling a PIN or passcode is an important step to protect you from losing personal data and images (or having them copied and shared) from your mobile phone or device if it is lost, stolen, or accessed by pupils.

Employers have a duty to support staff and no-one should feel victimised in the workplace. Staff should seek support from the senior management team, and their union representative if they are a member.

The Professional Online Safety Helpline is a free service for professionals and volunteers working with children and young people, delivered by the UK Safer Internet Centre. The helpline provides signposting, advice and mediation to resolve the e-safety issues which staff face, such as protecting professional identity, online harassment, or problems affecting young people; for example cyberbullying or sexting issues.

The Safer Internet Centre has developed strategic partnerships with the key players in the internet industry. When appropriate, this enables the Professional helpline to seek resolution directly with the policy and safety teams at Facebook, Twitter, YouTube, Google, Tumblr, Ask.FM, Rate My Teacher and more.

Kidscape has also produced best practice advice and guidelines for professionals. The Diana Award also runs a whole school Anti-Bullying Programme, information and good practice can be found at www.antibullyingpro.com.

School staff should expect the school to react quickly to reported incidents or support the member of staff concerned to do so. It is also important that staff who are harassed in this way receive support and information enabling them to access appropriate personal support. The school will endeavour to approach internet providers or other agencies on their behalf in order to request that the inappropriate material is removed. The internet provider may only accept a request from the victim. However, the school may want to take action if it is on a school website or email address.

If it is necessary for the person being bullied to contact the service providers directly, the school may provide support. This might apply, for example, in cases of identity theft, impersonation or abuse via a mobile phone service.

Useful resources

The Parent Zone has established a training programme designed to enable schools and professionals working with parents to deliver their own sessions on internet safety. They also provide innovative resources for schools to help and support parents, particularly around e-safety.

Facebook has produced Empowering Educators support sheet specifically for teachers and launched the Bullying Prevention Hub with Yale's Centre for Emotional Intelligence.

Getting offensive content taken down

If online content is offensive or inappropriate, and the person or people responsible are known, you need to ensure they understand why the material is unacceptable or offensive and request they remove it.

Most social networks have reporting mechanisms in place to report content which breaches their terms. If the person responsible has not been identified, or does not respond to requests to take down the material, the staff member should use the tools on the social networking site directly to make a report.

Some service providers will not accept complaints lodged by a third party. In cases of mobile phone abuse, where the person being bullied is receiving malicious calls and messages, the account holder will need to contact the provider directly.

Before you contact a service provider, it is important to be clear about where the content is; for example by taking a screen shot of the material that includes the web address. If you are requesting they take down material that is not illegal, be clear to point out how it breaks the site's terms and conditions. Where the material is suspected of being illegal you should contact the police directly.

Appendix G

Homophobic Bullying: Supplementary Advice and Guidance

Tackling homophobic bullying and celebrating difference in our schools

Our language code

What is homophobic language?

Homophobic language means terms of abuse that are often used towards lesbian, gay and bisexual people, as well as referring to something or someone as inferior.

Any homophobic language used in our schools must be addressed immediately. Informing children why it's wrong and how it can be hurtful and offensive is paramount in ensuring a safe and secure environment for all our children. It's OK to explain what words such as- gay, lesbian, bi-sexual mean to children in an age-appropriate manner. Celebrating differences at our schools must be at the forefront of everything we do. We believe that ignoring them or saying you can't tell them won't help. All staff must take a consistent approach to homophobic language, like all other forms of discriminatory language.

1) Question what the pupil said

"What do you mean by that? Can trainers really be gay? Do you realise that language is homophobic/biphobic/transphobic? Do you understand why?"

2) Explain what the word means

"Did you know that word actually means...."

3) Link it to school values

"In this school we are inclusive and respect everyone..."

4) Personal context

"How would you feel if someone said that to you?"

Here are a few examples of other language stems to support you in tackling homophobic bullying:

"At our school we believe that everyone is special and we should celebrate our differences. We do not use the word gay/lesbian etc in a negative way."

"Our school policy states that we are all responsible for making the school a safe place for children and teachers. That kind of language is homophobic and will make people feel unsafe. Therefore it is not acceptable."

"Have you ever considered what it must be like for gay people to hear that kind of language? How do you think it is going to make them feel?"

"You cannot tell whether someone is gay or straight just from how they look or behave."

"I am really surprised and disappointed to hear you say that. I hoped you would recognise that it is important to treat everyone, with respect and that it is therefore wrong to use such homophobic language."

"That kind of language is homophobic and you know it is against school policy to make homophobic remarks. Homophobia is as bad as racism and sexism."

"How do you think Julie feels hearing you talk about her mum like that? How do you think her mum would feel? Would you like it if someone were talking about your mum?"

"It does not matter whether someone has two mums or two dads. The important thing is that they love and look after each other and that they love and look after their children."

Appendix H

Bullying Investigation Procedure

