

## **Peer Mediator Training Evaluation**

### **Emotion Coaching**

#### **What did you learn about emotion coaching today?**

- That you should try to calm the person down before you try to sort the problem out
- I learnt that sometimes emotions can get really serious
- To have a nice tone when talking to other pupils
- Show respect to others
- How to deal with children that are upset or angry
- I learnt the steps for emotion coaching
- I learnt about different emotions
- I learnt about how to speak to them in a calm tone
- Being able to show respect while talking to them
- Being able to get another peer-mediators help
- That all kids have emotions and it doesn't feel good to be left out so if you ask to be in a game and someone said no that would be sad
- That all kids have different emotions and some kids can't handle their feelings unlike other people
- What I learnt is that we should not be taking sides and that we should listen to both points of view
- How to treat them when they don't feel like speaking
- Being able to show more respect often resolving problems better kill problem solving
- I learned that is you talk in a calm voice you will calm the other person down
- Sometimes you need to express emotions rather than bottle them up inside because they might get worse
- I learned today that you always have to give them space
- Sometimes you need to express your emotions rather than bottle them up
- I enjoyed learning how to be a better peer-mediator
- You have to find a way to control their emotion
- You have to be understanding with the child emotions

#### **What did you enjoy the most about your training today?**

- Meeting new children
- I enjoyed acting in partners
- I enjoyed learning new things
- Being able to know other peer-mediators
- Being able to help and solve people's problems
- Learn new things
- Talking to other people from the other schools
- Learning emotions
- being respectful and giving people time to express themselves
- I enjoyed that we got to play with younger children and got to explore a different school
- That everybody can explain the problems that they have experienced and how to solve them
- I enjoyed that I met new people
- The new people I met were not shy
- What I enjoyed was making scenarios because it helps us to do our job correctly
- I enjoyed that we got to meet other peer-mediators
- Sharing game ideas
- Discussing ideas for games in the playground

## What would have made today's peer mediator training even better?

- Make it a whole day training
- Work with children that are sad to try out the skills we learnt
- If we had more time to show are experience
- If we had a demo with a yr. 3,4 or 2
- I liked it just the way it was
- If we had more time to show our experiences
- It was great
- Learning to play new games

## Any other comments?