

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Viridis
Summer Menu
2019



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Pasta Bolognaise	Sausages with Baked Jacket Wedges and Gravy	Roast Turkey with Roast New Potatoes & Gravy	Chicken and Bean Fajitas with Rice	Salmon Fish Finger / Fish Fingers, Chips and Tomato Sauce
	Vegetarian	Wholemeal Pasta Neapolitan with Spinach	Quorn Sausages with Baked Jacket Wedges and Gravy	Quorn Roast with Roast Potatoes & Gravy	Vegetarian Fajitas with Rice	Cheese and Pepper Whirl with Chips
	Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich	Hot Roast Baguette	Cheese Sandwich	Fish Finger Wrap
	Dessert	Carrots Garden Peas Sticky Toffee Apple Crumble with Custard Yoghurt Fresh Fruit Platter	Sweetcorn Green Beans Ice cream with Mandarins Yoghurt Fresh Fruit Salad	Fresh Mixed Seasonal Vegetables Yoghurt Fresh Fruit Platter	Grated Carrot Salad Cauliflower Iced Sponge Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Fruit and Yoghurt Station
Week 2	Main	Beef Burger in a Bun with Baked Jacket Wedges	BBQ Chicken with Rice	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Beef Lasagne with Garlic Bread	MSC Fish Fingers, Chips, Tomato Sauce
	Vegetarian	Quorn Burger in a Bun with Baked Jacket Wedges	Macaroni Cheese	Creamy Vegetable Pie with Roast Potatoes & Gravy	Quorn and Bean Veggieballs with Rice	Vegetable Pasty with Chips
	Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich	Hot Roast Baguette	Cheese Sandwich	Fish Finger Wrap
	Dessert	Crunchy Carrot Sticks Peas Wholemeal Mixed Fruit Crumble with Custard Yoghurt Fresh Fruit Salad	Green Beans Coleslaw Lemon Drizzle Yoghurt Fresh Fruit Platter	Fresh Mixed Seasonal Vegetables Yoghurt Fresh Fruit Salad	Broccoli Sweet corn Cheese, Apple & Biscuits Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Fruit and Yoghurt Station
Week 3	Main	Beef Meatballs with Rice	Wholemeal Beef and Red Pepper Pizza with Baked Jacket Wedges	Roast BBQ Chicken with Roast Potatoes & Gravy	Chicken Tikka Masala with Rice & Curry Bread	MSC Fish Fingers, Chips, Tomato Sauce
	Vegetarian	Vegetable and Soya Mince Chilli with Rice	Wholemeal Cheese and Tomato Pizza with Baked Jacket Wedges	Vegetable Wellington with Roast Potatoes & Gravy	Lentil and Sweet Potato Curry with Rice & Curry Bread	Red Pepper and Cheese Frittata with Chips
	Sandwich	Tuna Mayonnaise Sandwich	Cheese Sandwich	Hot Roast Chicken Baguette	Cheese Sandwich	Fish Finger Wrap
	Dessert	Sliced Carrots & Green Beans Apple Pie with Custard Yoghurt Fresh Fruit Salad	Sweetcorn Tomato Salad Vanilla Shortbread Yoghurt Fresh Fruit Platter	Broccoli and Cauliflower Yoghurt Fresh Fruit Salad	Tomato & Onion Salad Diced Cucumber Chocolate Sponge Yoghurt Fresh Fruit Platter	Garden Peas Baked Beans Fruit and Yoghurt Station